

# Wellbeing@Work

## Executive Summary

+ Add Destination

### Align Priorities

Being aligned with your major initiatives is essential...

...as is understanding the underlying problems.

### Top of Mind Business Initiatives

#### Organizational Growth

- Maximize the use of scarce resources (people, capital, time) to accelerate revenue and margin growth.
- Deploy obvious and scalable ways to increase employee productivity and performance.
- Minimize enterprise losses caused by unexpected employee disruptions (performance, grievances, absenteeism, turnover, disability claims).

#### Organizational Health & Wellbeing

- Demonstrate to all employees you authentically care about their overall wellbeing (Life, Mind, Body) regardless of health status (Thriving, Struggling, Suffering).
- Provide the essential resources employees need to help them improve the quality of their life on and off the job.
- Ensure a compelling and evidence based ROI for all human resources investments (Total Rewards, Benefits, L&D, DEIB, Culture).

### Problems to Solve

- 21% of employees strongly believe their organization cares about their overall wellbeing. 65% of CHROs strongly believe the same.
- 21% of employees strongly agree with the statement, "I trust the leadership of my organization".
- 48% of employees experienced stress during "a lot of the day" yesterday.
- 29% of employees very often or always feel burned out at work.
- 34% of employees are engaged at work. 50% are not engaged, 16% are actively disengaged.
- 20% of employees are extremely satisfied with their company.
- 50% of employees are watching for or actively seeking a new job.

Source - Gallup '23

## Identify Requirements

There are activities required to ensure success...

...W@W provides personalized journeys @ scale to help individuals and organizations thrive.

## Establish Criteria

Overall Well-Being, Costs, and Business Contribution are determinants for success.

### Requirements to Address the Problems

- Recognizing the direct connections between wellbeing, trust, belonging, purpose, engagement, and business contributions.
- Knowing individual and organizational growth, health, and wellbeing is an ongoing journey.
- Due-diligence to explore non-disruptive ways to maximize the use of existing organizational resources to advance employee health and wellbeing.
- Executive oversight including participation and clear messaging to managers and their employees.
- Commitment to positively challenge the status-quo, inertia, bureaucracy, sacred cows and politics.
- Patience and perseverance to “stay the course” during expected and unexpected setbacks.

### W@W BLUEPRINT



### Criteria To Be Used In Measuring Success

#### Organizational Health & Wellbeing

- Wellbeing (% Care About My Wellbeing)
- Trust (% in Leadership)
- Performance (% Engaged)
- Burnout (% Negative Emotions)
- Loyalty (% Place to Work)

#### Cost Containment/Cost Avoidance

- Spend Optimization (% Usage of Existing Resources)
- Absenteeism (% Reported)
- Grievances (% Reported)
- Retention (% Turnover)
- Healthcare Costs (% Attributed to Stress/Burnout)
- Short & Long-term Disability (# of Claims)

#### Business Contributions

- Revenue & Margin Growth (% of Achievement)
- Organizational Worth (% Change in Valuation)

